

# The Best



## Royal Breakfast

### fit for a king...

iberian ham, avocado, spinach, two eggs and spelt toasts **12,75**

### fit for a queen...

poached eggs with smoked salmon, avocado, spinach, mixed seeds and spelta toasts **11,50**

(served until 1 pm)

## Bakery

croissant with jam **2,85**

toast or baguette (olive oil and tomato or butter and jam) **2,85**

ham and cheese croissant **3,10**

baguette with serrano ham and tomato **3,75**

baguette with iberian ham and tomato **5,75**



✓ spelt toasts with avocado, lime, rocket and mixed seeds **6,25**

✓ spelt toasts with tomato and avocado **5,65**

spelt toasts with tomato and serrano ham **5,65**

spelt toasts with tomato and iberian ham **6,25**

spelt toasts with tomato and tuna **5,65**

spelt toasts with tomato and manchego cheese **5,65**

✓ spelt toasts with cashew nut butter, banana, blueberries, cacao nibs and agave **6,25**

✓ spelt toasts with homemade beetroot hummus, avocado, sprouts and seed mix **6,25**



500 ml  
7,95

## Freshly Squeezed Juice

### beetroot boost

beetroot, carrots, apple, ginger, orange, lemon

### raw energy

carrots, orange, ginger, apple

### detox green

ginger, cucumber, celery, green leaves, apple, lemon

### deep detox green (+2€)

ginger X2, cucumber X2, celery X2, green leaves, apple, lemon

### tropical dream smoothie

pineapple, melon, kiwi, apple, coconut water

### mango smoothie

mango, banana and orange juice

## Fresh and Healthy



✓ home made granola with red fruits and vegan yoghurt **5,75**

home made granola with red fruits and greek yoghurt **5,75**

✓ fresh fruit bowl of the season **6,25**

✓ açai with banana, red fruits, kiwi, coconut flakes and home made granola **9,95**



## Eggs

two fried, scrambled or poached eggs with toast **5,50**

### and choose from...

spelt toast **0,75**

fresh spinach **1,50**

avocado **2,25**

serrano ham **2,50**

manchego cheese **1,95**

noewegian smoked salmon **3,35**

iberian ham **4,95**

## Express

coffee, toast or baguette or croissant and jam **3,25**  
(till 12 pm)

## English Breakfast

danish bacon sandwich with tomato **4,95**

small english: danish bacon with 2 range eggs, beans, toast, butter and jam **6,95**

**full english:** danish bacon, 2 range eggs, beans, cumberland sausage, mushrooms, hashbrown, grilled tomato, toast, fresh juice and coffee **12,95**



# The Best



## Royal Breakfast

### el rey...

jámon ibérico con aguacate, espinacas, dos huevos y tostadas de espelta **12.75**

### la reina...

huevos pochados con salmón ahumado, aguacate, espinacas, tostadas de espelta y semillas **11.50**

(servido hasta las 13:00 h.)

## Panaderia

croissant con mermelada **2.85**

tostada o baguete con tomate y aceite o con mantequilla y mermelada **2.85**

croissant de jamón y queso **3.10**

baguete con jamón serrano y tomate **3.75**

baguete con jamón ibérico y tomate **5.75**



✓ tostadas espelta con aguacate, rúcula, lima y semillas **6.25**

✓ tostadas espelta con tomate y aguacate **5.65**

tostadas espelta con tomate y jamón serrano **5.65**

tostadas espelta con tomate y jamón ibérico **6.25**

tostadas espelta con tomate y atún **5.65**

tostadas espelta con tomate y queso manchego **5.65**

✓ tostadas espelta con mantequilla de anacardo, plátano, arándanos, nibs de cacao y agave **6.25**

✓ tostadas espelta con hummus casero de remolacha, aguacate, brotes de alfafa y mix de semillas **6.25**



## Freshly Squeezed Juice

### beetroot boost

remolacha, zanahoria, manzana, jengibre, naranja, limón

### raw energy

zanahoria, naranja, jengibre, manzana

### detox green

jengibre, pepino, apio, hojas verdes, manzana, limón

### deep detox green (+2€)

jengibre X2, pepino X2, apio X2, hojas verdes, manzana, limón

### tropical dream smoothie

piña, melón, kiwi, manzana, agua de coco

### mango smoothie

mango, plátano y zumo de naranja

## Fresco y Sano



✓ granola casera con frutos rojos y yogur vegano **5.75**

granola casera con frutos rojos y yogur griego **5.75**

✓ bowl de frutas de temporada **6.25**

✓ açai con plátano, frutos rojos, kiwi, coco rallado y granola casera **9.95**



## un par de huevos

2 huevos fritos, revueltos o pochados con tostadas **5.50**

### añade...

tostada de espelta **0.75**

espinaca fresca **1.50**

aguacate **2.25**

jamón serrano **2.50**

queso manchego semi **1.95**

salmón ahumado noruego **3.35**

jamón ibérico **4.95**

## Express

café con croissant o tostada o baguette con mantequilla y mermelada (hasta las 12 mediodía) **3.25**

## English Breakfast

sandwich de bacon danés con tomate **4.95**

inglés small: 2 huevos de corral fritos con bacon danés, alubias y tostadas **6.95**

**full english:** 2 huevos de corral fritos con bacon danés, alubias, salchicha premium, champiñones, rostis, tomate, tostadas, zumo y café **12.95**

